

Experimentele klinische studies – reviews van ziektebeelden

Het probleem van de meta-analyses dat er verschillende ziektebeelden op een hoop gegooid worden, heeft men kunnen vermijden in de 17 systematische reviews die zich richtten op gerandomiseerde, gecontroleerde studies bij 15 specifieke ziektebeelden. Het bewijs voor de werkzaamheid van homeopathie is hier duidelijker: zeven van de 17 rapporten zijn tot dusverre positief voor homeopathie: □

- diarree bij kinderen [12]
- griep □ [13]
- post-operatieve ileus □ [14]
- hoikoorts □ [15-17]
- duizeligheid □ [18]

Acht van de andere 10 reviews waren statistisch niet-significant; hieruit kunnen in feite geen conclusies worden getrokken [19-26]. Twee reviews hadden een negatieve uitkomst. [27-28]

Voor andere aandoeningen is het gepubliceerde bewijs fragmentarisch: er zijn enkele nog niet-herhaalde gerandomiseerde gecontroleerde studies met positieve effecten voor homeopathie, o.a. bij acute otitis media, ADHD, stomatitis, chronisch vermoeidheidssyndroom, sepsis, en post-partum bloeding. [29-34]. Anderzijds zijn er ook aandoeningen waarbij de effectiviteit van homeopathie nog onduidelijk of afwezig is.

12. Jacobs J, Jonas WB, Jimenez-Perez M, Crothers D (2003). *Homeopathy for childhood diarrhea: combined results and metaanalysis from three randomized, controlled clinical trials*. *Pediatric Infectious Disease Journal*, 22:229–234 □
13. Vickers A, Smith C (2006). *Homoeopathic Oscillocoquinum for preventing and treating influenza and influenza-like syndromes (Cochrane Review)*. In: *The Cochrane Library*. Chichester, UK: John Wiley & Sons, Ltd. CD001957 □
14. Barnes J, Resch K-L, Ernst E (1997). *Homeopathy for postoperative ileus? A meta-analysis*. *Journal of Clinical Gastroenterology*, 25:628–633
15. Wiesenauer M, Lüdtke R (1996). *A meta-analysis of the homeopathic treatment of pollinosis with Galphimia glauca*. *Forschende Komplementärmedizin und Klassische Naturheilkunde*, 3:230–236 □
16. Taylor MA, Reilly D, Llewellyn-Jones RH, McSharry C, Aitchison TC (2000). *Randomised controlled trials of homoeopathy versus placebo in perennial allergic rhinitis with overview of four trial series*. *British Medical Journal*, 321:471–476 □
17. Bellavite P, Ortolani R, Pontarollo F, Piasere V, Benato G, Conforti A (2006). *Immunology and homeopathy. 4. Clinical studies – Part 2. Evidence-based Complementary and Alternative Medicine: eCAM*, 3:397–409
18. Schneider B, Klein P, Weiser M (2005). *Treatment of vertigo with a homeopathic complex remedy compared with usual treatments: a meta-analysis of clinical trials*. *Arzneimittelforschung*, 55:23–29
19. Ernst E, Barnes J (1998). *Are homoeopathic remedies effective for delayed-onset muscle soreness? – A systematic review of placebo-controlled trials*. *Perfusion (Nürnberg)*, 11:4–8

20. Ullman D (2003). Controlled clinical trials evaluating the homeopathic treatment of people with human immunodeficiency virus or acquired immune deficiency syndrome. *Journal of Alternative and Complementary Medicine*, 9:133-141□
21. McCarney RW, Linde K, Lasserson TJ (2004). Homeopathy for chronic asthma (Cochrane Review). In: *The Cochrane Library*. Chichester, UK: John Wiley & Sons, Ltd. CD000353
22. McCarney R, Warner J, Fisher P, van Haselen R (2004). Homeopathy for dementia (Cochrane Review). In: *The Cochrane Library*. Chichester, UK: John Wiley & Sons, Ltd. CD003803
23. Owen JM, Green BN (2004). Homeopathic treatment of headaches: A systematic review of the literature. *Journal of Chiropractic Medicine*, 3:45-52□
24. Smith CA (2003). Homeopathy for induction of labour (Cochrane Review). In: *The Cochrane Library*. Chichester, UK: John Wiley & Sons, Ltd. CD003399
25. Pilkington K, Kirkwood G, Rampes H, Fisher P, Richardson J (2005). Homeopathy for depression: a systematic review of the research evidence. *Homeopathy*, 94:153-163□
26. Pilkington K, Kirkwood G, Rampes H, Fisher P, Richardson J (2006). Homeopathy for anxiety and anxiety disorders: A systematic review of the research. *Homeopathy*, 95: 151-162
27. Long L, Ernst E (2001). Homeopathic remedies for the treatment of osteoarthritis – A systematic review. *British Homeopathic Journal*, 90:37-43
28. Ernst E (1999). Homeopathic prophylaxis of headaches and migraine? A systematic review. *Journal of Pain and Symptom Management*, 18:353-357.
29. Jacobs J, Springer DA, Crothers D (2001). Homeopathic treatment of acute otitis media in children: a preliminary randomized placebo-controlled trial. *Pediatric Infectious Disease Journal*, 20:177-183
30. Frei H, Everts R, von Ammon K, Kaufmann F, Walther D, Hsu-Schmitz SF, Collenberg M, Fuhrer K, Hassink R, Steinlin M, Thurneysen A (2005). Homeopathic treatment of children with attention deficit hyperactivity disorder: a randomized, double blind, placebo controlled crossover trial. *European Journal of Pediatrics*, 164:758-767.
31. Oberbaum M, Yaniv I, Ben-Gal Y, Stein J, Ben-Zvi N, Freedman LS, Branski D (2001). A randomized, controlled clinical trial of the homeopathic medication Traumeel S in the treatment of chemotherapy-induced stomatitis in children undergoing stem cell transplantation. *Cancer*, 92:684-690
32. Weatherley-Jones E, Nicholl JP, Thomas KJ, Parry GJ, McKendrick MW, Green ST, Stanley PJ, Lynch SP (2004). A randomized, controlled, triple-blind trial of the efficacy of homeopathic treatment for chronic fatigue syndrome. *Journal of Psychosomatic Research*, 56:189-197□
33. Frass M, Linkesch M, Banyai S, Resch G, Dielacher C, Lobl T, Endler C, Haidvogel M, Muchitsch I, Schuster E (2005). Adjunctive homeopathic treatment in patients with severe sepsis: a randomized, double-blind, placebo-controlled trial in an intensive care unit. *Homeopathy*, 94:75-80□
34. Oberbaum M, Galoyan N, Lerner-Geva L, Singer SR, Grisar S, Shashar D, Samueloff A (2005). The effect of the homeopathic remedies Arnica and Bellis perennis on mild postpartum bleeding – a randomized, double-blind, placebo-controlled study –preliminary results. *Complementary Therapies in Medicine*, 13:87-90